

179 Mondays to Fridays			
Chingford Station	0455 0515 0535 0555 0615 0635 0650 0703 0716 0730 0745 0759 0814 0829 0844 0901 0916 0931		
Woodford Wells Horse & Well	0501 0521 0541 0601 0621 0641 0656 0710 0724 0738 0753 0807 0822 0837 0852 0909 0924 0939	<i>Then</i>	
Woodford Green Castle	0503 0523 0543 0603 0623 0643 0658 0713 0727 0742 0757 0811 0826 0841 0856 0912 0927 0942	<i>every</i>	
South Woodford Station Cowslip Rd.	0510 0530 0550 0610 0630 0650 0705 0720 0735 0750 0805 0820 0835 0850 0905 0920 0935 0950	<i>15</i>	
South Woodford Charlie Brown's Rbt.	0513 0533 0553 0613 0633 0653 0709 0724 0739 0754 0809 0824 0839 0854 0909 0924 0939 0954	<i>mins.</i>	
Gants Hill Station Beehive Lane	0520 0540 0601 0622 0643 0705 0723 0738 0754 0810 0825 0840 0855 0909 0924 0938 0953 1007	<i>until</i>	
Ilford Station	0525 0545 0606 0627 0649 0712 0730 0747 0805 0821 0836 0850 0904 0918 0933 0947 1001 1015		
Ilford High Road Hainault Street	0528 0548 0609 0630 0652 0715 0733 0750 0809 0825 0840 0855 0909 0923 0938 0951 1005 1019		
Chingford Station	1216	1316 1330 1345 1400 1415 1430 1445 1500 1515 1529 1544 1559	
Woodford Wells Horse & Well	1224	1324 1339 1354 1409 1424 1439 1454 1509 1524 1538 1553 1608	
Woodford Green Castle	1227	1327 1342 1357 1412 1427 1442 1457 1512 1527 1541 1556 1611	
South Woodford Station Cowslip Rd.	1235	1335 1350 1405 1420 1435 1450 1505 1520 1535 1550 1605 1620	
South Woodford Charlie Brown's Rbt.	1239	1339 1354 1409 1424 1439 1454 1509 1524 1539 1554 1609 1625	
Gants Hill Station Beehive Lane	1252	1352 1407 1422 1437 1453 1509 1525 1540 1555 1611 1626 1642	
Ilford Station	1301	1401 1417 1432 1447 1504 1520 1536 1551 1607 1622 1638 1653	
Ilford High Road Hainault Street	1305	1405 1421 1436 1451 1508 1524 1540 1555 1611 1626 1642 1657	
Chingford Station	1759 1814 1829 1844 1859 1914 1929 1944 2000 2020 2040 2100 2120 2140 2200 2220 2240		
Woodford Wells Horse & Well	1808 1823 1837 1852 1906 1921 1935 1950 2006 2026 2046 2106 2126 2146 2206 2226 2246	<i>Then</i>	
Woodford Green Castle	1811 1826 1840 1854 1908 1923 1937 1952 2008 2028 2048 2108 2128 2148 2208 2228 2248	<i>every</i>	
South Woodford Station Cowslip Rd.	1819 1834 1847 1901 1915 1929 1943 1958 2014 2034 2054 2114 2134 2154 2214 2234 2254	<i>20</i>	
South Woodford Charlie Brown's Rbt.	1824 1838 1851 1905 1919 1933 1947 2001 2017 2037 2057 2117 2137 2157 2217 2237 2257	<i>mins.</i>	
Gants Hill Station Beehive Lane	1841 1855 1907 1920 1933 1947 2000 2012 2028 2048 2107 2127 2147 2206 2226 2246 2305	<i>until</i>	
Ilford Station	1851 1903 1915 1928 1941 1955 2008 2020 2036 2056 2114 2134 2154 2213 2233 2253 2311		
Ilford High Road Hainault Street	1855 1907 1919 1932 1945 1959 2012 2024 2040 2100 2118 2138 2158 2217 2237 2257 2315		
179 Mon-Fri Saturdays (also Good Friday)			
Chingford Station	0020 0040	0455 0515 0535 0555 0615 0635 0655 0715 0735 0750 0805 0819 0834 0849 0903 0918 0931 0945	
Woodford Wells Horse & Well	0026 0046	0501 0521 0541 0601 0621 0641 0701 0721 0741 0756 0811 0826 0841 0856 0910 0925 0938 0953	
Woodford Green Castle	0028 0048	0503 0523 0543 0603 0623 0643 0703 0723 0743 0758 0813 0828 0843 0858 0912 0927 0941 0956	
South Woodford Station Cowslip Rd.	0034 0054	0510 0530 0550 0610 0630 0650 0710 0730 0750 0805 0820 0835 0850 0905 0920 0935 0950 1005	
South Woodford Charlie Brown's Rbt.	0037 0057	0513 0533 0553 0613 0633 0653 0713 0733 0753 0808 0823 0838 0854 0909 0924 0939 0954 1009	
Gants Hill Station Beehive Lane	0044 0104	0520 0540 0600 0620 0640 0701 0721 0741 0801 0817 0832 0848 0905 0921 0937 0952 1008 1023	
Ilford Station	0050 0110	0527 0547 0608 0628 0648 0709 0729 0749 0810 0826 0841 0857 0915 0931 0947 1003 1019 1034	
Ilford High Road Hainault Street	0054 0114	0530 0550 0611 0631 0651 0712 0732 0753 0814 0830 0845 0901 0919 0935 0951 1007 1023 1038	
179 Saturdays (also Good Friday) (cont.)			
Chingford Station	1000 1015 1030	1700 1717 1733 1749 1804 1819 1835 1850 1905 1920 1940 2000 2020 2040 2100 2120	
Woodford Wells Horse & Well	1008 1023 1038	1708 1725 1740 1756 1811 1826 1842 1856 1911 1926 1946 2006 2026 2046 2106 2126	
Woodford Green Castle	1011 1026 1041	1711 1727 1742 1758 1813 1828 1844 1858 1913 1928 1948 2008 2028 2048 2108 2128	
South Woodford Station Cowslip Rd.	1020 1035 1050	1720 1735 1750 1805 1820 1835 1850 1904 1919 1934 1954 2014 2034 2054 2114 2134	
South Woodford Charlie Brown's Rbt.	1024 1039 1054	1724 1739 1754 1809 1824 1839 1854 1908 1922 1937 1957 2017 2037 2057 2117 2137	
Gants Hill Station Beehive Lane	1038 1053 1109	1739 1754 1809 1824 1839 1854 1909 1923 1937 1951 2009 2028 2048 2107 2127 2147	
Ilford Station	1049 1104 1120	1750 1804 1819 1834 1849 1904 1917 1931 1945 1959 2017 2036 2056 2114 2134 2154	
Ilford High Road Hainault Street	1054 1109 1125	1755 1809 1824 1839 1854 1908 1921 1935 1949 2003 2021 2040 2100 2118 2138 2158	
179 Saturdays (also Good Friday) (cont.)		Sundays and other Public Holidays	
Chingford Station	2140 2200 2220 2240 2300 2320 2340 0000 0020 0040	0638 0708 0738 0808 0826 0843 0902 0921 0940 0959	
Woodford Wells Horse & Well	2146 2206 2226 2246 2306 2326 2346 0006 0026 0046	0644 0714 0744 0814 0832 0849 0908 0927 0946 1005	
Woodford Green Castle	2148 2208 2228 2248 2308 2328 2348 0008 0028 0048	0646 0716 0746 0816 0834 0851 0910 0929 0948 1007	
South Woodford Station Cowslip Rd.	2154 2214 2234 2254 2314 2334 2354 0014 0034 0054	0653 0723 0753 0823 0841 0858 0917 0936 0955 1014	
South Woodford Charlie Brown's Rbt.	2157 2217 2237 2257 2317 2337 2357 0017 0037 0057	0656 0726 0756 0826 0844 0901 0920 0939 0958 1017	
Gants Hill Station Beehive Lane	2206 2226 2246 2305 2325 2345 0005 0024 0044 0104	0702 0732 0802 0832 0850 0907 0926 0945 1005 1024	
Ilford Station	2213 2233 2253 2311 2331 2351 0011 0030 0050 0110	0707 0737 0807 0837 0855 0913 0932 0952 1012 1032	
Ilford High Road Hainault Street	2217 2237 2257 2315 2335 2355 0015 0034 0054 0114	0710 0740 0810 0840 0858 0916 0936 0956 1016 1036	
179 Sundays and other Public Holidays (except Christmas Day and Boxing Day) (cont.)			
Chingford Station	1018 1034 1054	1654 1715 1735 1755 1816 1836 1856 1918 1939 2000	0000 0020 0040
Woodford Wells Horse & Well	1024 1041 1101	1701 1722 1742 1802 1822 1842 1902 1924 1945 2006	0006 0026 0046
Woodford Green Castle	1026 1043 1103	1703 1724 1744 1804 1824 1844 1904 1926 1947 2008	0008 0028 0048
South Woodford Station Cowslip Rd.	1033 1050 1111	1711 1731 1751 1811 1831 1850 1910 1932 1953 2014	0014 0034 0054
South Woodford Charlie Brown's Rbt.	1037 1054 1115	1715 1735 1755 1814 1834 1853 1913 1935 1956 2017	0017 0037 0057
Gants Hill Station Beehive Lane	1044 1101 1122	1722 1742 1802 1821 1841 1900 1919 1941 2002 2023	0023 0044 0104
Ilford Station	1052 1109 1130	1730 1750 1809 1828 1848 1907 1926 1947 2008 2029	0029 0050 0110
Ilford High Road Hainault Street	1056 1113 1134	1734 1754 1813 1832 1852 1911 1930 1951 2012 2033	0033 0054 0114

